

Welcome!

We are pleased you have chosen Einstein Pain Institute for your care. We understand how traumatic and isolating chronic pain can be. Finding the right treatment plan is a step that brings you closer to relief. Our multidisciplinary team will help you feel better, improve your functionality and help you live a more satisfying life. We certainly want your appointments to be informative and productive.

In order to accommodate you, we ask that you complete the following required forms in their entirety:

- New Patient Intake form
- Medical History checklist

Please pay close attention to these required forms, as your appointment may need to be rescheduled if either of them is missing. Keystone Mercy in particular has specific guidelines for their patients.

What to expect at your first visit:

Your first visit will consist of a thorough history and physical examination. You will be seen by a nurse first, then a physician assistant and the physician. This initial evaluation may take up to an hour from start to finish, but this time is important for an assessment and treatment plan to be formulated. Due to the length of this examination, and various other factors such as insurance authorizations, **please do not expect medications or injections during your first visit.** Out of fairness to all our patients we ask that you try to arrive 15 minutes early for your visit, and please call at least 24 hours in advance if you must cancel. If you are more than 15 minutes late for your appointment it may need to be rescheduled. In addition, appointments canceled less than 24 hours in advance will be considered a no show, and after 3 no shows you will not be rescheduled.

Please bring the following to your first appointment:

- Completed intake form including medical history checklist
- Insurance card and two forms of photo ID
- All relevant past medical records including MRI, CT scans, bone scans and/or EMG reports (you need to bring both the films and written reports)*
- Worker's compensation/auto insurance phone number, adjuster's name and mailing address
- Referral or prescription slip, if required by your insurance
- Physical/occupational/aquatic therapy discharge summaries*
- Co-pay, if required by insurance

* Special note to Keystone Mercy patients: your insurance requires you to have had an MRI and completed physical therapy within the last year before they will authorize fluoroscopic injection therapy. You may want to discuss these requirements with your referring physician and have them completed before your visit in order to expedite your care.

Einstein Pain Institute is committed to success and safety. Thank you for taking the time to provide this information that is important for the level of care we can provide. Your answers will help us individualize your treatment and optimize your success and safety.

Sincerely,

S. Nadeem Ahsan, MD
Sandra Brice, PA-C

Deepak Mehrotra, MD
Kenneth Cohen, CRNP

Jasmeet S. Oberoi, MD
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